

Robotic versus Conventional Nipple Sparing Mastectomy and Immediate Prosthesis Breast Reconstruction in the Management of Breast Cancer A Case Control Comparison Study



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Nipple sparing mastectomy



The nipple-areola complex (NAC) invasion rate : 7.7%-58%.







Prof. Petit, EIO



Long and apparent scar Avoided?



















Lai HW, et al. PRS GO 2018 Ann Surg Oncolg 2018







Pre-OP











Background

 There was a paucity of evidence available comparing the <u>effectiveness and safety</u> of Robotic nipple sparing mastectomy (R-NSM) with Conventional nipple sparing mastectomy (C-NSM) in the management of breast cancer.

Methodology

- A case control comparison study was conducted for patients who received C-NSM versus R-NSM in a single institution
- Comparing
 - Clinical outcomes: peri-operative parameters and complication rates
 - Cost
 - Patient-reported cosmetic results

C-NSM

R-NSM

















Comparison of C-NSM and R-NSM

- Peri-operative morbidities and oncologic safety of C-NSM and R-NSM were carefully monitored
- Surgical margin involvement was defined as tumor on ink
- Adjuvant hormone therapy, chemotherapy and radiotherapy were given to patients based on recommendations of current breast cancer guidelines
- Incidence of recurrence or death due to breast cancer was ascertained at the most recent followup which ended on 12 Sep 2018.

Cost- analysis of C-NSM versus R-NSM

- The medical cost or expenses associated with robotic and conventional NSM with IPBR were collected and compared
- Medical cost incurred for each procedure included all the hospital cost regarding medical and surgical treatment
- Information on surgery-related expenses was obtained from the information department of the CCH
- In Taiwan, the operation fees of breast reconstruction and robotic breast surgery were not reimbursed by national insurance
- Cost is expressed in New Taiwan dollar (NTD) and in United States dollar (USD). An exchange rate of 31 NTD/USD was used to convert NTD to USD

Aesthetic outcome evaluation

Patient-reported Outcomes



- Post-operative aesthetic results was evaluated by comparing pre-operative and post-operative cosmetic results
- A self-reported questionnaire to evaluate the cosmetic outcome of breast cancer patients with mastectomy following breast reconstruction was conducted 1-3 months after the operation when their surgical wounds healed

Results

- 36 patients received R-NSM with IPBR
- 62 patients received C-NSM with IPBR

Enrolled in current case control comparison study

		R-NSM	C-NSM	Desta
		N=36 (%)	N=62 (%)	P value
Age		48.6 ± 10.5	49.34 ± 10.6	0.714
Location	Right	19 (42.2)	26 (57.8)	0.229
	Left	17 (32.1)	36 (67.9)	
Sonogram tumor size (cm)		2.87 ± 1.26	2.57 ± 1.62	0.422
Mammogram tumor size (cm)		3.31 ± 0.70	3.07 ± 1.84	0.801
Pathology tumor size (cm)		2.65 ± 2.84	2.45 ± 1.62	0.699
Clinical stage	0	8 (30.8)	18 (69.2)	0.209
	I	3 (20.0)	12 (80.0)	
	II a	13 (40.6)	19 (59.4)	
	Пb	3 (37.5)	5 (62.5)	
	III a	2 (100.0)	0 (0.0)	
Lymph node surgery	SLNB only	22 (37.3)	37 (62.7)	0.618
	SLNB then ALND	7 (38.9)	11 (61.1)	
	ALND	1 (14.3)	6 (85.7	
	Not down	6 (42.9)	8 (57.1)	
Lymph node meta	Yes	25 (33.8)	49 (66.2)	0.287
	No	11 (45.8)	13 (54.2)	
Lymph node stage	N0	25 (33.8)	49 (66.2)	0.017
	N1	8 (42.1)	11 (57.9)	
	N2	3 (60.0)	2 (40.0)	
Stage	0	8 (33.3)	16 (66.7)	0.931
	I	7 (33.3)	14 (66.7)	
	II a	8 (32.0)	17 (68.0)	

- Age,
- Location,
- Tumor size
- Lymph node status
- Stage

of these two groups of patient were comparable

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b4

b8

Peri-operative parameters and complications associated with R-NSM vs C-NSM with IPBR

Table 2. Peri-operative parameters and complications associated with robotic versus conventional nipple sparing mastectomy and immediate prosthesis breast reconstruction for breast cancer.

	All NSM (N=98)	R-NSM (n=36)	C-NSM (n=62)	P value
All operation time (minute)	217.4 ± 76.3	246.6 ± 60.6	197.1 ± 79.9	0.002
Blood loss (ml)	77.2 ± 60.1	34.6 ± 31.8	104.3 ± 71.0	<0.001
Hospital stay (days)	5.8 ± 1.5	6.9 ± 1.4	5.2 ± 1.2	<0.001
Mean mastectomy weight (gm)	308.0 ± 100.0	322.3 ± 82.4	299.7 ± 108.7	0.284
Reconstruction implant volume (ml)	348.3 ± 266.3	281.4 ± 132.6	387.1 ± 313.8	0.058

- Mean operation time for C-NSM group was 197.1 ± 79.9 mins, and 246.6 ± 60.6 mins for R-NSM group (P=0.002)
- Mean blood loss was 34.6 ± 31.8 ml in R-NSM group, and was 104.3 ± 71.0 ml for C-NSM group (P<0.001)





10%













5%





Complications

Complication of NSM related	All NSN	1 (N=98)	R-NSM	(n=36)	C-NS	M (n=62)	P value
Delayed wound healing	7	(5.1%)	2	(5.6%)	5	(8.1%)	1.0
Any degree of nipple ischemia event	12	(12.2%)	3	(8.3%)	9	(14.5%)	0.53
Transient nipple ischemia only	9	(9.2%)	3	(8.3%)	6	(9.7%)	1
Partial nipple areolar complex necrosis	3	(3.1%)	0	(0%)	3	(4.8%)	0.30
Total nipple areolar complex necrosis	0	(0%)	0	(0%)	0	(0%)	1.0
Seroma formation needing aspiration*	7	(7.1%)	2	(5.6%)	5	(8.1%)	0.71
Blister formation (small region)	1	(1.0%)	1	(2.8%)	0	(0%)	0.37
Skin flap small partial ischemia necrosis#	7	(7.1%)	2	(5.6%)	8	(12.9%)	0.32
Hematoma formation	1	(1.0%)	0	(0%)	1	(1.6%)	1.0
Implant loss	1	(1.0%)	0	(0%)	1	(1.6%)	1.0
Overall any complication	All	NSM	R-NSM	(n=36)	C-NS	M (n=62)	P value
Yes	39	(39.8%)	10	(27.8%)	29	(46.8%)	0.09
No	59	(60.2%)	26	(72.2%)	33	(53.2%)	

Cost comparison analysis of R-NSM vs C-NSM with IPBR

Table 3 Comparison of the cost of conventional nipple-sparing mastectomy (C-NSM) with immediate prosthetic breast reconstruction (IPBR) with robotic nipple sparing mastectomy (R-NSM) with IPBR

	Medical cost Average covered by National insurance*		Medical cost pay For unilateral br	by patients# east cancer	All cost needed fo	p	
	NTD	USD	NTD	USD	NTD	USD	
C-NSM and IPBR	67,806.7 ± 12,406.5 (39,149-107,469)	2,118.9 ± 387.7 (1,223.4-3,358.4)	100,000-130,000	3,226-4,500	$176,772.3 \pm 20,484.9$ (139,149-234,749)	5,702.3 ± 660.8 (4,488.7-7,572.5)	<0.01
R-NSM and IPBR	89,677.3 ± 20,497.5 (43,838-137,994)	2,802.4 ± 640.5 (1,369.9-4,312.3)	230,000-250,000	7,400-8,100	337,177.2 ± 24,681.2 (293,838-417,926)	10,876.6 ± 796.2 (9,478.6-13,481.5)	

NSM: nipple-sparing mastectomy, NTD: New Taiwan dollar, USD: United States dollar, 1 USD equals 31 NTDs.

Medical cost Average covered by National insurance* including operations fee for breast cancer and/or axillary lymph node surgery. Anesthesia, medication, admission fee, and all other medical related fees including medication, doctors, and nursing. (excluding prosthesis and other reconstructions related fee)

Medical cost pay by patients#: including fees for breast reconstruction, fee for robotic breast surgery, instruments, prosthetic implants.

The medical cost covered by national insurance included operations fee for breast cancer and/or axillary lymph node surgery, anesthesia, admission fee, and all other medical related. The medical cost not reimbursed by national insurance, and needed to pay by patients included fees for breast reconstruction, fee for robotic breast surgery, instruments, prosthetic implants. In Taiwan, the operation fees of breast reconstruction and robotic breast surgery were not reimbursed by national insurance.

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Conventional NSM + IPBR



With underwear



Naked without closes

Bil. R-NSM + IPBR









With underwear



Without closes









	•	<u>R</u>	-NSM and H	PBR		C-NSM and IPBR					
	Unsatisfied	Fair	Satisfied	Excellent	Mean score	Unsatisfied	Fair	Satisfied	Excellent	Mean score	P value
Q1. Preoperative breast	2	1	15	10	22.10	0	3	16	26	25106	0.000
appearance satisfaction.	(7.1%)	(3.6%)	(53.6%)	(35.7%) 3.3 ± 1.0	(0.0%)	(6.7%)	(35.6%)	(57.8%)	3.3 ± 0.0	0.088	
Q2. Postoperative breast	0	0	12	16		0	6	23	16		
appearance satisfaction -	(0.0%)	(0.0%)	(42.9%)	(57.1%)	3.6 ± 0.6	(0.0%)	(13.3%)	(51.1%)	(35.6%)	3.2 ± 0.7	0.055
dressed with clothes.											
Q3. Postoperative breast	0	2	15	11		4	13	18	10		
appearance satisfaction -	(0.0%)	(7.1%)	(53.6%)	(39.3%)	3.3 ± 0.7	(8.9%)	(28.9%)	(40.0%)	(22.2%)	2.8 ± 0.9	0.030
naked without clothes.											





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		R-NSM and IPBR					C-NSM and IPBR				
	Unsatisfied	Fair	Satisfied	Excellent	Mean score	Unsatisfied	Fair	Satisfied	Excellent	Mean score	P value
Q4. Postoperative	0	4	12	12		2	7	24	12		
symmetry of bilateral	(0.0%)	(14.3%)	(42.9%)	(42.9%)	3.3 ± 0.7	(4.4%)	(15.6%)	(53.3%)	(26.7%)	3.0 ± 0.8	0.388
breast size satisfaction.											
Q5. Postoperative	0	4	14	10		1	9	22	13		
symmetry of bilateral	(0.0%)	(14.3%)	(50.0%)	(35.7%)	3.3 ± 0.7	(2.2%)	(20.0%)	(48.9%)	(28.9%)	3.0 ± 0.8	0.753
breast size satisfaction.											
Q6. Postoperative	0	1	16	11		1	8	24	12		
symmetry of nipple areola	(0.0%)	(3.6%)	(57.1%)	(39.3%)	3.8 ± 0.4	(2.2%)	(17.8%)	(53.3%)	(26.7%)	3.0 ± 0.7	0.225
position satisfaction.											

Symmetry of size, shape, and nipple position





		R-NSM and IPBR					C-NSM and IPBR				
	Unsatisfied	Fair	Satisfied	Excellent	Mean score	Unsatisfied	Fair	Satisfied	Excellent	Mean score	P value
Q7. Scar appearance satisfaction.	0 (0.0%)	1 (3.6%)	9 (32.1%)	18 (64.3%)	3.7 ± 0.6	0 (0.0%)	7 (15.6%)	24 (53.3%)	14 (31.1%)	3.2 ± 0.7	0.016
Q8. Scar length satisfaction.	0 (0.0%)	0 (0.0%)	9 (32.1%)	19 (67.9%)	3.8 ± 0.6	0 (0.0%)	8 (17.8%)	23 (51.1%)	14 (31.1%)	3.1 ± 0.7	0.003
Q9. Surgical wound position satisfaction.	0 (0.0%)	0 (0.0%)	8 (28.6%)	20 (71.4%)	3.8 ± 0.6	0 (0.0%)	6 (13.3%)	23 (51.1%)	16 (35.6%)	3.2 ± 0.7	0.006

Scar appearance, length, and location





	R-NSM and IPBR						<u>C</u> -	NSM and I	<u>PBR</u>	
Overall score*	Unsatisfied	Fair	Good	Excellent		Unsatisfied	Fair	Good	Excellent	 D mature
Range	8	9-16	17-24	25-32		8	9-16	17-24	25-32	 r value
	0	0	1	27		0	0	11	34	0.010
	(0.0%)	(0.0%)	(3.6%)	(96.4%)		(0.0%)	(0.0%)	(24.4%)	(75.6%)	 0.019

Q: question, R-NSM: robotic nipple *overall score: summation of question Q2 to Q9 for representation of overall satisfaction index.

To evaluate the overall satisfaction of C-NSM/R-NSM and immediate prosthesis breast reconstruction (IPBR), the overall score of question #2 to 9 in each patient was summarized. Those with an overall score of 8–11 were graded as "poor", a score of 12–19 was graded as "fair", a score of 20–27 was graded as "good", and a score of 28–32 was graded as "excellent". Patients with results graded as "excellent" or "good" were defined as being satisfied with the cosmetic results.

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Oncologic Safety Evaluation

		R-NSM	C-NSM	Protoc
		N=36 (%)	N=62 (%)	rvalue
Margin status	Involved	1 (100.0)	0 (0.0)	0.187
	No involved	35 (36.1)	62 (63.9)	
Recurrence	Yes	0 (0.0)	5 (100.0)	0.080
	No	36 (38.7)	57 (61.3)	
Follow up time (months)		9.1 ± 5.6	47.3 ± 19.6	<0.001
ronow up time (months)		9.1 ± 0.0	47.5 ± 19.0	<0.001

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Discussion

- This is the first reported study as we know to compare conventional versus robotic NSM in the management of breast cancer.
- Solid data was provided to show the difference of operation time, and cost of R-NSM compared with C-NSM
- There is an observed trend toward decreasing NAC and skin flap ischemia/necrosis, and overall morbidity in R-NSM group, however, it was statistically not significant.

• The cosmetic outcome regarding symmetry of bilateral breast size, shape, and nipple position were not different between R-NSM and C-NSM.

 These findings reflected some valuable information that in the experienced hand of surgeons there might not be apparent difference in complication or cosmetic result either with conventional surgical approach or operated through robotic surgical platform.

- Our study is limited in:
 - ≻its retrospective nature
 - Small sample size
 - ➤possible selection bias among these two (robotic or conventional approach) methods
 - ≻Oncologic safety
 - ✓The lack of long-term follow-up results in current study could not answer whether patients receive R-NSM would had similar loco-regional recurrence or distant free survival with patients in C-NSM group

- The major advantages of R-NSM over C-NSM were
 - decrease of blood loss during operation and better wound/scar results
 - ➤ The blood loss was significantly decreased in R-NSM group, which might be related to the positive air pressure and delicate robotic instruments
 - ≻The smaller wound length and location,
 - Hidden in extra-mammary inconspicuous axilla area were highly favored according to patient-reported cosmetic results

Do we improved after R-NSM?



Conclusion

 R-NSM compared favorably to C-NSM with <u>comparable</u> <u>clinical outcomes, minimal blood loss and higher patients'</u> <u>satisfaction</u> but at the expense of higher cost and longer operation time



First Robotic Mastectomy Case Observation Center in Asia







Maximum Attendance: 3-5
 Ver: USD \$500/per person
 Focus
 Acceptable Console Time
 Single Incision
 Less Surgical Smoke
 Minimum Blood Loss
 Noboit Arms Collision Prevention
Materials
 Procedure Guide
 Video Glin

Around 10 robotic mastectomy case observations been held





Recent course for robotic case observation: 4 May 2019

International 101016 Endoscopic & Robotic Breast Surgery Symposium



KEYNOTE SPEAKERS Dr. Antonio Toesca, Italy Dr. Benjamin Sarfati, France

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For more

Dr. Jessec C. Selber, USA

Dr. Eisuke Fukuma, Japan

Dr. Hung Wen Lai, Taiwan

Dr. Hyung Seok Park , South Korea

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Demonstration WORKSHOP

SYMPOSIUM

25 MAY

2019

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Live Demonstration

WORKSHOP CHANGHUA CHRISTIAN HC

Breast Cancer Society of Taiwan 台湾和历想毕竟



uropean Institute of Oncology, Italy

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Question?

Limited seats

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Janan

Invited Speaker





USA

Hung-Wen Lai Changhua Christian Hospital, Taiwan

MD Anderson Cancer center









Chang Gung Memorial Hospita LinKou Taiwan











Hisanitsu Zaha Nakagami hospital, Okinawa

iung Medical Uni Hospital, Taiwan



Liang-Chih Liu Chang Gung Memorial Hospital LinKou, Taiwan China Medical University Hospital Talwan

Taipei Municipal Wan Fang Hospital







ngpook National University Chilgok Hospital, Korea



Talwan



- Indications of NSM
 - \checkmark Breast cancer patients who opted for mastectomy and were keen to preserve NAC
 - ✓ No gross involvement of NAC as evaluated preoperatively through clinical examinations and imaging studies (mammography, sonography and/or breast magnetic resonance imaging).
 - ✓ On the other hand, patients found to have nipple involvement during intra-operative frozen section would be subjected to NAC excision and a change of procedure to skin-sparing mastectomy instead.

Indications of R-NSM

 \checkmark The inclusion criteria for R-NSM were:

- Early stage breast cancer (carcinoma in situ, stage I -IIIA)
- ➤ Tumor size less than 5 cm
- > No evidence of multiple lymph node metastasis
- > No evidence of nipple, skin or chest wall invasion.

 \checkmark Contraindications of R-NSM include:

- ≻those with apparent NAC involvement
- ≻inflammatory breast cancer
- ≻breast cancer with chest wall or skin invasion
- ≻locally advanced breast cancer
- breast cancer with extensive axillary lymph node metastasis (stage IIIB or later)
- patients with severe co-morbid conditions, such as heart disease, renal failure, liver dysfunction, and poor performance status as assessed by the primary physicians
- ➤Women with large (breast cup size larger than E or breast mastectomy weight >600gm) and ptotic breast were not good candidates for R-NSM and IBR with Gel implant due to technical limitations and sub-optimal cosmetic outcomes.